

PERSONAL FAITH CONFESSION FOR OVERCOMING FEAR

I am no longer prepared to allow the spirit of fear to steal, kill and destroy in my life (John 10 v 10) – I am not prepared to allow the enemy to rob me in my relationships (my marriage, children and friendships) and in my health – I am determined to walk in the victory and abundant life that Jesus paid such a high price to give me (John 10 v 10) which includes enjoying the richness of an intimate love relationship with God my Father, myself and others. The Father tenderly loves me (John 16 v 27; 1 John 4 v 15 – 19) and I am deeply rooted, founded and secure in His love, and have come to know practically through experience for myself (far beyond mere head knowledge) the length, breadth, depth and height of His overwhelming, extravagant love for me (Ephesians 3 v 14 – 20) and the experience of His perfect love has cast out all fear (1 John 4 v 18). He has delivered me of all of my fears! (Psalm 34 v 4) and because I am a child of God – I am no longer in bondage to and a slave to fear (Romans 8 v 15).

And as a work of the Holy Spirit, I have come to the place where I don't rely on others to meet my needs for love and acceptance... my love cup is only filled with the love of the Father and Jesus my Bridegroom...and I am so completely and wholly satisfied in the love of God and so secure in who I am in Christ, that if somebody even just smiles at me – it's a bonus!

FEAR OF REJECTION AND FEAR OF MAN: I have no fear of rejection because Ephesians 1 v 5 - 6 says that *I belong to God* – that He actually chose and handpicked me out for Himself in Christ before the foundation of the world and now *I am accepted* in the Beloved – I do not fear man i.e. what others think of me or say about me – because God accepts and approves of me (Jeremiah 1 v 5)...and I live and work before an audience of One – and only what God thinks and says about me counts. No weapon formed against me will prosper – and every tongue that rises up against me in judgement, God will show to be in the wrong because He is my Vindicator (Isaiah 54 v 17)

Isaiah 54 v 17 says that: “But in that coming day no weapon turned against you will succeed. You will silence every voice raised up to accuse you. These benefits are enjoyed by the servants of the LORD; their vindication will come from me. I, the LORD, have spoken!”

The fear of man brings a snare, but because I lean on, trust in and put my confidence in the Lord, I am safe and set on high. (Proverbs 29 v 25). The Lord is my Light and my Salvation – whom shall I fear or dread? The Lord is the Refuge and Stronghold of my life – of whom shall I be afraid? (Psalm 27 v 1).

FEAR OF FAILURE FROM THE DRIVE TO PERFORM (WHERE YOUR IDENTITY AND SENSE OF SELF WORTH IS IN YOUR ACHIEVEMENTS): I am wearing a crown of glory and honour (Psalm 8 v 5) and a royal robe of righteousness (Isaiah 61 v 10) – and righteousness means that I am accepted, approved and in right standing with God (2 Corinthians 5 v 21). This means that I am good enough – therefore I am set free from the drive to perform and satan's deception that my value and worth is in what I achieve or my accomplishments... My identity is in *who I am* in Christ – not in *what I do* - and I have nothing to prove – I have already met the standard!

I have a spirit of excellence – whatever I do, I will do it with all my heart, to the best of my ability – as if working for the Lord, motivated by my love for Him (Colossians 3 v 23). However I also make an allowance for weakness and mistakes in my life, for it is written in Your Word that Your strength is made perfect in my weakness (2 Corinthians 12 v 9) – therefore I don't feel bad about myself when I don't achieve what I was aiming for or when I make mistakes – I just use the experience as a learning process on the way to becoming the man God has created me to be. Proverbs 24 v 16 says that “Though the righteous shall fall seven times, the Lord will lift them up!” This means that God does not expect a perfect performance from me – therefore I will not expect it from myself!

FEAR OF TRUSTING PEOPLE AGAIN – FROM A BROKEN HEART, BEING WOUNDED AND BETRAYED AND A BREACH OF TRUST IN RELATIONSHIPS: I keep short accounts with the Father (Ephesians 4 v 26) and am quick to forgive – 70 X 7 every single person who has hurts, wounds, breaks my heart and my trust, or wrongs me (Matthew 18 v 21 – 22). Father I recognize that You want to use these experiences of being wounded, betrayed etc. and the heartache and brokenness that comes with it to teach me to trust You, to get to know You more intimately – and to grow me up spiritually so that You can trust me with Your calling on my life – I understand that it was vitally necessary for me to be wounded, betrayed, experience a broken heart, breach of trust etc. so that I can be equipped to walk into my birthright! So understanding that You – as a loving, good Father - allow me to go into seasons of distress – and that You have a glorious purpose and passion for redemption and restoration in it – I choose to embrace the pain/discomfort and what You want to do in my life through those seasons – to allow You to take me through the brokenness and the depths – so that You can take me to the heights of breakthrough, spiritual maturity, blessing and victory – I have chosen to change my perspective from a focus on the negative aspects of people and circumstances which leads me into bitterness, fear and bondage...and instead I bless my left kidney with the ability to frame the events of my day and my relationships through the lens of the Father's covenant – His Word and the nature of His character. I trust You Father to show me the treasure and opportunity for blessing in every difficult, unpleasant situation/crisis – how I can make a profit from it by transforming it into a kingdom

opportunity....and use that experience as a shortcut to a brilliant experience of Jesus! I trust You to show me how You purpose to bring redemption and restoration through that situation in my life, and how You envision this as a potentially life-giving, beneficial, transformational opportunity. Even when I don't yet know what it is, I am going to completely and wholeheartedly trust You through the process until You reveal it to me. I know that ultimately every situation You allow to come my way is for my good and for Your glory (Romans 8 v 28; Jeremiah 29 v 11). That is why I am able to smile with defiance at every potentially destructive situation that the enemy brings along for my harm and turn it into a glorious victory.

PERSPECTIVE REMINDER: When a crisis situation comes that would tend to disturb us (rob us of peace and take us into fear and anxiety), and our adrenal glands are fired up to produce stress hormones in reaction to that, it is because we anticipate that we are brink of one more loss or are on the verge of yet another destructive devouring of our lives. But we can become immune to a lot of these stressful assaults on our spirit, soul and body that cause the adrenal glands to fire up, if we learn to filter every situation that comes into our life, whether it is initially perceived by our souls as good or bad, through the grid of the Father. If we can train our left kidney to frame it around His covenant with us (His Word and the nature of His character) – we can have the peaceful assurance that God's primary heart and intention is not for our destruction, it is for our restoration.

Father I trust You so much, that I am prepared to trust other people....**fully...again!**!...knowing that they may still disappoint and let me down in the future. Take the hardness of my heart that has not let me be vulnerable or trust and soften it with Your love. Father you have not given me a spirit of fear, but of power, love and a sound mind (2 Timothy 1 v 7). Therefore I am not prepared to live with fear and suspicion, with masks and walls around my heart – which keep me in bondage and You out, Father. As a work of Your Holy Spirit, I have chosen to open my heart to love again, and to trust others and myself again... Whom the Son sets free is really and unquestionably free (John 8 v 36)...and in all of my relationships I am blessed with the ability to give and receive love without fear.

FEAR OF ABANDONMENT: I am set free from the fear of abandonment because Father, You promised in Your Word that You will never leave me or forsake me. Hebrews 13 v 5 – 6 in Amplified Bible: *"...[God] Himself has said, I will not in any way fail you nor give you up nor leave you without support. [I will] not, [I will] not, [I will not] in any degree leave you helpless nor forsake nor let [you] down (Relax My hold on you!) [Assuredly not!] So we can take comfort and are encouraged and confidently and boldly say, The Lord is my Helper, I will not be seized with alarm [I will not fear or dread or be terrified]. What can man do to me?"*

FEAR RELATED TO FINANCES AND FEAR OF THE FUTURE: Father, from my heart and with all sincerity, I surrender every aspect of my life (including the responsibility of it) to You – 100% of my finances, everything I own materially, my spouse, my children and even my body is Yours (1 Corinthians 6 v 20). Because I walk in meekness (which is surrendering everything to the Lord) – Father You not only provide for all my needs according to Your riches in glory (Philippians 4 v 19) – but I have inherited the earth! (Matthew 5 v 4). You have given me the nations as my inheritance and the uttermost parts of the earth as my possession! (Psalm 2 v 8).

Father, You are my Source and Jehovah Jireh, my Provider! You are Faithful (Hebrews 13 v 5 – 6) and You will always give me Your best because You said in: **Matthew 6 v 26 – 30** **"...walk out into the fields and look at the wildflowers. They never primp or shop, but have you ever seen colour and design quite like it? The ten best dressed men and women in the country look shabby along side them. If God gives such attention to the appearance of the wild flowers – most of which are never even seen – don't you think He'll attend to you, take pride in you, do his best for you?"** *Message Bible*

Just as I cannot earn my salvation or God's acceptance, love and approval, so I don't even need to earn my money! I am not pre-occupied with getting, I simply respond to my Father's provision...because You said in **In Matthew 6 v 30 – 33:** **"What I'm trying to do here is to get you to relax, to not be so pre-occupied with getting, so that you can respond to God's giving. People who don't know God and the way He works fuss over these things, but you know both God and how He works. Steep your life in God-reality, God-initiative and God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met."**

The reason I work is not to earn money – but because it is my calling and destiny that God my Father planned for me from before the foundation of the world (Ephesians 2 v 10) – and I use my knowledge, talent, skills and ability to serve people as a loving act of worship to my Father. And since I have decided to live for God - **Matthew 6 v 25 – 26 and 34:** **"...living a life of God worship, it follows that I don't fuss about what's on the table at mealtimes or whether the clothes in my closet are in fashion. There is far more to my life than the food I put in my stomach, more to my outer appearance than the clothes I hang on My body. Just as the birds are free and unfettered, not tied down to a job description so I am careless in the care of God! Because I count far more to Him than birds....Therefore I don't worry about missing out. All my everyday human concerns will**

be met... ³⁴As I give my entire attention to what God is doing right now, and I don't get worked up about what may or may not happen in the future. God will help me deal with whatever hard things come up when the time comes." *Message Bible*

Because I give generously (beyond reason where it is not earned or deserved) – it is given back to me with a blessing and a bonus – pressed down, shaken together and running over! I am a joyful giver, and I give to others, knowing that I am not giving to them – but giving to the Father. And I give without expecting anything back – even their gratitude or a reward from the Father – I give, simply for the joy of giving to the Giver!

Mark 4 v 23 – 25: “Are you listening? Really listening? Listen carefully to what I am saying – be wary of the shrewd advice that tells you how to get ahead in the world on your own. Giving, not getting, is the way. Generosity begets generosity. Stinginess impoverishes.”

Luke 6 v 38: “Give away your life; you'll find life given back, but not merely given back – given back with a bonus and blessing. Giving, not getting is the way. Generosity begets generosity.” *Message Bible*

Luke 6 v 38: “Give, and it will be given to you. They will pour into your lap a good measure—pressed down, shaken together, and running over [with no space left for more]. For with the standard of measurement you use [when you do good to others], it will be measured to you in return.” *Amplified Bible*

FEAR, ANXIETY AND STRESS RELATED TO EVERYDAY LIFE: Because my love, peace and joy is *in Him* (John 16 v 33) – it is not shaken by circumstances or the reactions of other people – and therefore I am anxious for nothing (Philippians 4 v 6) and live without a worry in the world - I am careless in the care of God! (Matthew 6 v 26).

I have developed a habit of cast the whole of my care – all my anxieties, all my worries, all my concerns, once and for all on You, for You care about me affectionately and You care about me watchfully (1 Peter 5 v7) Jesus, You are the Prince of Peace (Isaiah 9 v 6) – and because I have Your peace, I will not let my heart be troubled. I will not allow myself to be agitated and disturbed. I will not permit myself to be fearful, intimidated, cowardly and unsettled. (John 14 v27). Because I trust (lean on, rely on, and am confident) in the Lord, I feed surely on His faithfulness and truly I shall be fed. I delight myself in the Lord and He gives me the desires and secret petitions of my heart. I commit my way to the Lord [I roll and repose each care of my load on Him]; and He will bring it to pass. I am still and I rest in the Lord; wait for Him and patiently lean myself upon Him (Psalm 37 v 3 – 5 & 7). Therefore God's peace which surpasses all understanding is guarding my heart and mind. (Philippians 4 v 6 -7).

I fear not (there is nothing to fear) for God is with me. I do not look around in terror and be dismayed, for the Lord is my God. He will strengthen and harden me to difficulties, yes, God will help me; yes, He will hold me up and retain me with His victorious right hand of rightness and justice. (Isaiah 41 v 10). Father as You commanded me in Joshua 1 v 9: “I am strong, vigorous and very courageous. I will not be afraid or dismayed, for the Lord my God is with me wherever I go. Because I have eyes like a dove (Song of Solomon 1 v 15) and I keep my mind [both its inclination and its character] fixed and focused on You, and because I commit myself to You, lean on You, and hope confidently in You Father, You will guard and keep me in perfect and constant peace (Isaiah 26 v 3). And because I spend time daily in Your Presence – I have fullness of joy! (Psalm 16 v 11)

Father I ask that You would give me a love for You as no man has had before. I want to know You Father [progressively become more deeply and intimately acquainted with You, perceiving and recognizing and understanding You more strongly and clearly]. As I set my mind on You, lead me into Your rest (Exodus 33 v 13-14).”

SCRIPTURES QUOTED IN FAITH CONFESSION

John 10 v 10: “The thief comes to steal, kill and destroy, but I came so that you can have and enjoy life and have it in abundance – to the full, until it overflows.”

John 16 v 27: “For the Father Himself [tenderly] loves you because you have loved Me and have believed that I came out from the Father.”

1 John 4 v 15 – 19: “15Whoever shall confess that Jesus is the Son of God, God dwells in him and he in God. 16And we have known and believed the love that God has for us. God is love; and he that dwells in love, dwells in God, and God in him. 17Herein is our love made perfect, that we may have boldness in the day of judgment: because as He is, so are we in this world. 18There is no fear in love [dread does not exist], but full grown (complete, perfect) love turns fear out of the doors and expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection].19We love Him, because He first loved us.”

Ephesians 3 v 14 – 20: “I bow my knees before the Father of our Lord Jesus Christ, from whom every family in Heaven and Earth is named [that Father from Whom all fatherhood takes its title and derives its name]. Father, I ask You to grant me out of the rich treasury of Your glory to be strengthened and reinforced with mighty power in my inner man by the Holy Spirit [Himself indwelling in my innermost being and personality]. May Christ through my faith [actually] dwell (settle down, abide, make His permanent home) in my heart! May I be rooted deep in love and founded securely on love, that I may have the power and be strong to apprehend and grasp with all the saints [God’s devoted people, the experience of that love], what is the breadth and length and height and depth [of it]; [That I may really come] to know [practically through experience for myself] the love of Christ, which far surpasses mere knowledge [without experience]; that I may be filled [through all my being] with all the fullness of God [may have the richest measure of the divine Presence, and become a body wholly filled and flooded with God Himself]! Father, You by Your power that is at work within me are able to [carry out Your purpose and] do superabundantly, far over and above all that I [dare] ask or think [infinitely beyond my highest prayers, desires, thoughts, hopes or dreams].”

Psalm 34 v 4: “I sought the LORD, and he answered me and delivered me from all my fears.”

Romans 8 v 15 - 16; “For [the Spirit which] you have now received [is] not a spirit of slavery to put you once more into the bondage of fear, You have received the Spirit of adoption [the Spirit producing son-ship] in [the bliss of] which we cry, Abba (Father)! Father! The Spirit Himself [thus] testifies together with our own spirit [assuring us] that we are children of God.”

Ephesians 1: v 5 - 7: “...having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will, ⁶ to the praise of the glory of His grace, by which He made us accepted in the Beloved.⁷ In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.”

Jeremiah 1 v 5: “Before I formed you in the womb I knew you [and approved of you as My chosen instrument], And before you were born I consecrated you [to Myself as My own]; I have appointed you as a prophet to the nations.”

Proverbs 29 v 25: “Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe.”

Psalm 27 v 1: “The Lord is my light and my salvation - whom shall I fear? The Lord is the stronghold of my life - of whom shall I be afraid?”

Psalm 8 v 5: “Yet you made them only a little lower than God and crowned them with glory and honor.”

Isaiah 61 v 10: “I delight greatly in the LORD; my soul rejoices in my God. For he has clothed me with garments of salvation and arrayed me in a robe of his righteousness, as a bridegroom adorns his head like a priest, and as a bride adorns herself with her jewels.”

2 Corinthians 5v 21: “He made Christ who knew no sin to [judicially] be sin on our behalf, so that in Him we would become the righteousness of God [that is, we would be made acceptable to Him and placed in a right relationship with Him by His gracious lovingkindness].”

Psalm 139 v 14-16: “I will give thanks *and* praise to You, for I am fearfully and wonderfully made; Marvellous are Your works, And my soul knows it very well.¹⁵ My frame was not hidden from You, When I was being formed in secret, And intricately *and* skilfully formed [as if embroidered with many colors] in the depths of the earth.

Colossians 3 v 23: “Whatever you do, work at it with all your heart, as working for the Lord, not for men.”

2 Corinthians 12 v 9: “Each time he said, “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.”

Proverbs 24 v 16: “...for though the righteous fall seven times, they rise again, but the wicked stumble when calamity strikes.”

Ephesians 4 v 26: “In your anger do not sin: Do not let the sun go down while you are still angry.”

Matthew 18 v 21 – 22: “²¹ Then Peter came to Jesus and asked, “Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?” ²² Jesus answered, “I tell you, not seven times, but seventy-seven times.”

Romans 8 v 28 “And we know [with great confidence] that God [who is deeply concerned about us] causes all things to work together [as a plan] for good for those who love God, to those who are called according to His plan *and* purpose.”

Jeremiah 29 v 11: "For I know the plans *and* thoughts that I have for you,' says the LORD, 'plans for peace *and* well-being and not for disaster to give you a future and a hope."

2 Timothy 1 v 7 "For God has not given us a spirit of fear, but of power and of love and of a sound mind."

John 8 v 36: "So if the Son sets you free, then you are really and unquestionably free!"

1 Peter 3 v 1 – 4: "1In manner, you married women, be submissive to your own husbands [subordinate yourselves as being secondary to and dependent on them, and adapt yourselves to them], so that even if any do not obey the Word [of God], they may be won over not by discussion but by the [godly] lives of their wives, 2When they observe the pure and modest way in which you conduct yourselves, together with your reverence [for your husband; you are to feel for him all that reverence includes: to respect, defer to, revere him—to honor, esteem, appreciate, prize, and, in the human sense, to adore him, that is, to admire, praise, be devoted to, deeply love, and enjoy your husband]. 3Let not yours be the [merely] external adorning with [elaborate] interweaving and knotting of the hair, the wearing of jewelry, or changes of clothes; 4But let it be the inward adorning and beauty of the hidden person of the heart, with the incorruptible and unfading charm of a gentle and peaceful spirit, which [is not anxious or wrought up, but] is very precious in the sight of God.

1 Corinthians 7 v 5: "Do not deprive each other of sexual relations, unless you both agree to refrain from sexual intimacy for a limited time so you can give yourselves more completely to prayer. Afterward, you should come together again so that Satan won't be able to tempt you because of your lack of self-control."

Joel 2 v 25: "The LORD says, "I will give you back what you lost to the swarming locusts, the hopping locusts, the stripping locusts, and the cutting locusts. It was I who sent this great destroying army against you."

Hebrews 13 v 5 – 6: "...[God] Himself has said, I will not in any way fail you nor give you up nor leave you without support. [I will] not, [I will] not, [I will not] in any degree leave you helpless nor forsake nor let [you] down (Relax My hold on you!) [Assuredly not!] So we can take comfort and are encouraged and confidently and boldly say, The Lord is my Helper, I will not be seized with alarm [I will not fear or dread or be terrified]. What can man do to me?" Amplified Bible

Philippians 4 v 19: "And my God will meet all your needs according to the riches of his glory in Christ Jesus."

Matthew 5 v 4 says "Blessed are the meek, for they shall inherit the earth!"

Psalms 2 v 8: "Ask me, and I will make the nations your inheritance, the ends of the earth your possession."

Matthew 6 v 26 – 30 "...walk out into the fields and look at the wildflowers. They never primp or shop, but have you ever seen colour and design quite like it? The ten best dressed men and women in the country look shabby along side them. If God gives such attention to the appearance of the wild flowers – most of which are never even seen – don't you think He'll attend to you, take pride in you, do his best for you?" *Message Bible*

In Matthew 6 v 30 – 33: "What I'm trying to do here is to get you to relax, to not be so pre-occupied with getting, so that you can respond to God's giving. People who don't know God and the way He works fuss over these things, but you know both God and how He works. Steep your life in God-reality, God-initiative and God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met."

Ephesians 2 v 10: "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

Matthew 6 v 25 – 26 and 34: "If you decide for God, living a life of God worship, it follows that you don't fuss about what's on the table at mealtimes or whether the clothes in your closet are in fashion. There is far more to your life than the food you put in your stomach, more to your outer appearance than the clothes you hang on your body. Look at the birds, free and unfettered, not tied down to a job description, careless in the care of God! And you count far more to Him than birds....Don't worry about missing out. You'll find that your everyday human concerns will be met. Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes."

Philippians 4 v 6 – 7: "Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to the Lord. And God's peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus." *Amplified Bible*

Matthew 6 v 25 – 26 and 34: “²⁵⁻²⁶If you decide for God, living a life of God worship, it follows that you don’t fuss about what’s on the table at mealtimes or whether the clothes in your closet are in fashion. There is far more to your life than the food you put in your stomach, more to your outer appearance than the clothes you hang on your body. Look at the birds, free and unfettered, not tied down to a job description, careless in the care of God! And you count far more to Him than birds....Don’t worry about missing out. You’ll find that your everyday human concerns will be met... ³⁴Give your entire attention to what God is doing right now, and don’t get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.” *Message Bible*

1 Peter 5 v 7: “Cast the whole of your care – all your anxieties, all your worries, all your concerns, once and for all – on Him; For He cares for you affectionately and cares about you watchfully.” *Amplified Bible*

Isaiah 9 v 6: “For unto us a Child is born, to us a Son is given; and the government shall be upon His shoulder, and His name shall be called Wonderful Counsellor, Mighty God, Everlasting Father [of Eternity], Prince of Peace.”

John 16 v 33: “I have told you these things, so that in Me you may have [perfect] peace and confidence. In the world you have tribulation and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world [I have deprived it of power to harm you and have conquered it for you]”

Psalms 37 v 3 – 5 & 7: “Trust (lean on, rely on, and be confident) in the Lord and do good; so shall you dwell in the land and feed surely on His faithfulness and truly you shall be fed. Delight yourself in the Lord and He will give you the desires and secret petitions of your heart. Commit your way to the Lord [roll and repose each care of your load on Him]; trust (lean on, rely on, and be confident) also in Him and He will bring it to pass. Be still and rest in the Lord; wait for Him and patiently lean yourself upon Him...”

Isaiah 41 v 10: “Do not fear [anything], for I am with you; Do not be afraid, for I am your God. I will strengthen you, be assured I will help you; I will certainly take hold of you with My righteous right hand [a hand of justice, of power, of victory, of salvation].”

Joshua 1 v 9: “Have I not commanded you? Be strong and courageous! Do not be terrified or dismayed (intimidated), for the LORD your God is with you wherever you go.”

Song of Solomon 1 v 15: “How beautiful you are, my darling, how beautiful! Your eyes are like doves.”

Isaiah 26 v 3: “You will guard and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You.”

Psalms 16 v 11: “You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.”

Exodus 33 v 13-14: “Show me Your way, that I may know You [progressively become more deeply and intimately acquainted with You, perceiving and recognizing and understanding You more strongly and clearly]... And the Lord said, “My presence shall go with you, and I will give you rest.”